

THIS IS ME!



My name is:

I like to be called:

What do you want workers to know about you? Here are some questions you can answer. You don't have to answer them all, and you can add anything else you want.

Add a picture or a self-portrait of yourself

The gender I identify as & the pronouns I would like you to use are:

The religion I follow is:

How I would describe myself - 'shy' 'funny' 'cheeky' etc



**The important
people in my
life are:**

**The important pets/
animals in my
life are:**

**Favourite things
to do are:**

**My favourite thing
to watch is:**

**The foods I like the
most & least are:**



**The best time of
the day to meet
me is**



**Where I would
prefer to meet my
social worker or
other professionals:**

**Professionals
might understand me
better if they knew...**

**What I want from
my social worker
or professionals
around me:**

**The way to
communicate with
me is:**

**My behaviours
when i'm feeling
overwhelmed can be:**

**My Feelings about
education are:**

**In the next year I
would like / i'm
looking forward to...**

**What are my goals
for the future...**

**What are my
strengths/What am
I good at....**

